

Bei Loon 8km Challenge Race

Saturday 3 February 2024

Briefing Notes

Form

4

- Time:** Registration to take place on-site at least 45 minutes prior to assigned race start time. Races are scheduled to start at: 9:30am, 10.50am, 12.10am, 1.30pm.
- Sweeps Briefing** 30 Minutes prior to assigned race start.
- Location/Facilities:** Rowland Reserve, Pittwater Road, Bayview.
Drive to Mona Vale look for the Church Point Sign – follow Pittwater Road through 2 roundabouts. Bayview Golf Course is on the left. About 1 km further on there is a sign saying Rowland Reserve. Parking in the Reserve is by machine. Alternatively, paddlers may park outside in the surrounding streets for free.
A toilet/changing facility is available in the car park. Outdoor shower facility on site.
- Race Schedule:** Will be distributed once Entries have been finalised.
- Race Course:** The race distance is approximately 8kms. Crews in each race will start approximately 20-30 seconds behind each other. Placegetters will be determined by fastest time.
If there are high winds and it is unsafe to go around Scotland Island, the course will be changed to a shorter Bayview course.
- Boats:** 6 Champion/BUK style boats are available for use.
- Buoyancy Vests:** PFD's are available for use if required. 1 week's notice should be given.
- Categories:** All crews will compete as "Open Crews" irrespective of team composition.
- Crew Composition:** Crews short of paddlers may request paddlers from Bei Loon or other clubs.
Crews with surplus paddlers may offer them to assist other clubs. Please refer to the Team Roster form or discuss requirements with the Bei Loon Race Director. **Please do so as early as possible.**
- Safety:** Sweeps are responsible for crew safety and must be familiar with DBNSW safety guidelines (refer DBNSW website). Weak or non-swimmers MUST wear a life vest.
- Sweeps:** Must be Level 2 or above, preferably Level 3. Sweeps from Bei Loon may be available if requested 1 week in advance.
- Drummers:** Drummers are not required for this 8km event.
- First Aid:** Qualified First Aid personnel will be on duty. Safety Boats will supervise the race course.
- Prizes:** Trophies will be awarded to all teams.
- BBQ:** A free BBQ will be available on site.
- Payment:** One EFT payment is required to be made by each Club covering the total Race Fee amount. (See the Entry Form for details)



**Bei Loon
Dragon Boat Club**