

# Dragon Boat Racing

*Bored with your current exercise regime?  
Want to do something different?*



The Bei Loon Dragon Boat Club based at Rowland Reserve Bayview on the beautiful Pittwater is after male and female paddlers of ALL adult ages.

Dragon Boating is a fast, dynamic sport with 20 paddlers in each boat. We train hard, race hard and have a lot of fun doing it.

Training is from 8.00 a.m. each Sunday and from 6.00 p.m. each Tuesday and Thursday evening. Come and have a couple of guest paddles with a great bunch of people.

For further information contact **George Webster** on 9905 2919, or visit us at <http://www.beiloon.com.au>

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